

## **CURRICULUM VITAE**

**Rajesh George Arakal, M.D.**

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### **EDUCATION**

1999 M.D. – New Jersey Medical School, UMDNJ, Newark, NJ  
1995 B.S. Honors Program, Magna cum Laude (Combined 7 yr. B.S./M.D. Program) – College of New Jersey

### **HONORS AND AWARDS**

2000 Resident Role Model and Teaching Excellence, Gold Foundation, UMDNJ  
1997 NJMS Alumni Scholar  
1996 NJMS Alumni Research Fellowship  
1996-9 NJMS Deans Achievement  
1992-5 Trustee Scholar, College of New Jersey  
1992-5 Edward Bloustein Garden State Scholar

### **POSTGRADUATE TRAINING**

1999-2004 Orthopaedic Residency, New Jersey Medical School, UMDNJ  
2004-2005 Baylor College of Medicine Spine Fellowship, Houston, TX  
Texas Medical Center; Methodist Hospital, St. Lukes Episcopal Hospital, Ben Taub General Hospital, Michael DeBakey VA  
ACGME accredited/ Director: M. Heggeness, M.D., Ph.D.

### **BOARD CERTIFICATION**

2007 American Academy of Orthopaedic Surgeons  
Licensure New Jersey, 2002, Texas 2004, Washington 2005

### **MEDICAL STAFF APPOINTMENTS**

09/2005-2007 Olympia Orthopaedic Associates, Olympia, WA  
2007-Present Texas Back Institute, Plano, TX

## **PUBLICATIONS**

1. Harten RD, Lee FY, Zimmerman MC, Hurowitz E, Arakal R, Behrens FF: Regional and Temporal Changes in the Acoustic Properties of Fracture Callus in Secondary Bone Healing, *J Ortho Res* 15(4):570-576, 1997.

## **BOOK AND MONOGRAPH CHAPTERS**

1. Arakal R, et al. *Cervical Trauma*. In: Garfin S, Bono C (eds) Essentials of Spine. Lippincott, Philadelphia, Pennsylvania; 2004.
2. Arakal RG, Mani M, Ramachandran R: *Applied Anatomy of the Normal and Aging Spine*. In: Yue JJ, Guyer RD, Johnson JP, Khoo LT, Hochschuler SH (eds): The Comprehensive Treatment of the Aging Spine: Minimally Invasive and Advanced Techniques. Elsevier, Philadelphia, Pennsylvania; 2010; pp. 9-15.

## **PRESENTATIONS**

1. Harten RD, Lee FY, Zimmerman MC, Hurowitz E, Arakal R, Behrens FF. Regional and Temporal Changes in Acoustic Properties of Fracture Callus in Secondary Bone Healing. Orthopaedic Research Society, 1996; Atlanta, Georgia.
2. Harten RD, Zimmerman MC, Arakal R, Behrens FF. Effect of Physiologic Dynamic Compression on Distraction Osteogenesis. Orthopaedic Research Society, 1997; San Francisco, California.