



Our family is with you  
every step of the way.



## POPULAR

### HEALTH

# Texas Ba Institute miraculo treats yo man's severe spinal co injuries



By **Alex Gonzalez**

Posted on April 11, 2



After  
flipping  
over his  
truck

KidZania to open first U.S. location  
at Stonebriar Centre



A look at the new Collin Creek

A guide to Collin County's most  
charming patios

The future of Collin College

An empty Collin Creek Mall makes  
for a cool Instagram photo-op

Sip, Savor & Stroll at Legacy West

and  
being  
ejected  
from the  
vehicle,  
Braiden  
Williams  
received  
a life  
changing  
surgery  
from  
Texas  
Back  
Institute  
| Image  
courtesy  
of Janan  
Busier

On a November night in 2017 in the town of Achille, OK, a mother received news no parent could ever imagine hearing. Michelle Williams had received a phone call from her husband notifying her that her son, Braiden had flipped over his pickup truck and had been ejected from the vehicle. When Braiden’s parents arrived at the scene of the accident, Braiden was unable to move the left side of his body.

“He tried to get up,” Michelle recalls. “He knew at that time, he couldn’t move or feel his left side. At that point, we’re thinking, ‘Man, he might end up

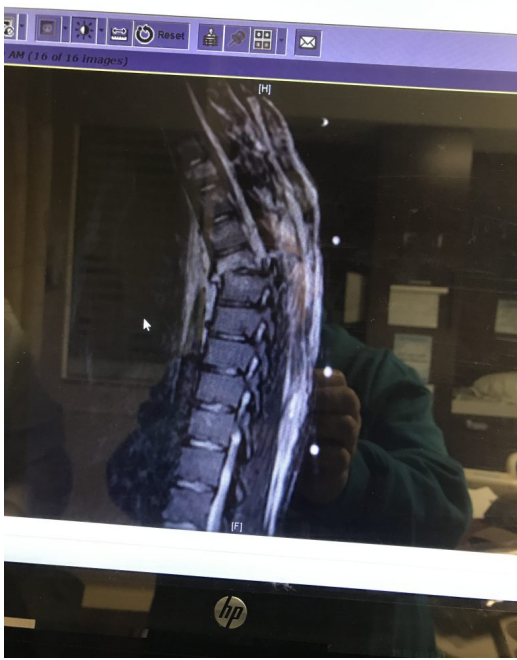
- Cava to open in Legacy West ■
- Coming out in Collin County ■
- Crystal Lagoons amenity to open at Windsong Ranch in Prosper ■
- A look inside the National Videogame Museum ■
- Cake vs. Pie (and where to find the best of both) ■
- A look at Equinox Willow Bend ■

being paralyzed on his left side.”

***Read more: Newborn survives heart failure at Children’s Health***

Braiden had sustained multiple injuries on his back and torso. He was immediately transported to Medical City of Plano, where he and his family would meet Dr. Rajesh Arakal of **Texas Back Institute**, who would perform his back surgery.

“Sure enough, by the time we got to the hospital, he couldn’t feel anything on either side,” Michelle says. “When we got to the hospital, everyone there said ‘You’re so fortunate Dr. Arakal is here,’ and ‘If anyone can fix him, Dr. Arakal can,’ So we felt good knowing that. One of the nurses told me that people come from all over to have him do their surgeries. When he and his team came in to meet us, I immediately saw why.”



Braiden sustained multiple injuries on his spine and his ribs | Image courtesy of Janan Busier

Michelle describes Arakal as “quietly confident,” and she remembers feeling at peace knowing that he would take care of her son.

“Braiden had broken ribs, as well as several segments of the vertebrae,” Arakal recalls. “One was angulated enough to kink the spinal cord, resulting in a neurologic injury.”

Arakal remembers it being a challenge to properly diagnose the injuries Braiden had sustained.

“At the time, it was difficult to assess the grading of the injury, because he really had very little to no sensation in the lower

extremities,” Arakal says.

“Sometimes when the spinal cord has an injury, there’s a period of spinal shock, so it’s a little bit unclear sometimes how profound the injury is.”

Braiden’s surgery consisted of multiple components, including threading screws into areas of bone that were split open. Hours after Braiden’s surgery, both Arakal and Michelle were stunned at how quickly Braiden was able to get back on his feet.

***Read more: Born with Treacher-Collins Syndrome, Michael Brown is a little different***

“Six hours after his surgery, he was moving his legs,” Michelle says. “By the next day, he was walking again.”

Currently, Braiden enjoys activities like roping, horseback riding and playing guitar, the latter of which, he taught himself to do while watching YouTube.

Braiden was able to make a full

recovery following his surgery |  
Image courtesy of Janan Busier

“In Braiden’s case, what was remarkable was that over time, given his age and given his grit, was his ability to bounce back,” Arakal says. “In his case, he’s performing at a high level of function. I don’t foresee any major catastrophic issues in the future.”

To this day, Braiden and his family remain grateful for the treatments Arakal and the Texas Back Institute team were able to provide.

Braiden and his family are grateful for Dr. Arakal and the procedures he was able to perform at Texas Back Institute | Image courtesy of Janan Busier

“I knew in my heart that if it could be fixed, Dr. Arakal could fix it,” Michelle says. “We are grateful that all of these people were put in Braiden’s path to give him the best possible outcome.”

**POST BY: Alex  
Gonzalez**



Alex Gonzalez is a writer at Local Profile. He is a lover of food, music, sports, art, and world cultures. Alex was born and raised in Plano and graduated from University of North Texas in 2017. When he is not writing, Alex enjoys hiking, attempting to cook, going out to happy hours, and playing board games with friends.

**RELATED ITEMS: BRAIDEN WILLIAMS, DR. ARAKAL, DR. RAJESH ARAKAL, HEROS, MEDICAL CENTER OF PLANO, MEDICAL CITY PLANO, RAJESH ARAKAL, TEXAS BACK INSTITUTE, TOP\_BANNER**



### RECOMMENDED FOR YOU

Affordable University Hot housing of North cakes in Plano Texas to and other is a begin reasons million constructi to go to dollar on Frisco The



question campus Aussie  
next year Grind,  
\_\_\_\_\_

The wilds Crystal Fat  
of Caddo Lagoons Straws'  
Lake amenity new  
to open Richardsc  
at location  
Windsongwill offer  
Ranch in Mochi  
Prosper Donuts

Coming Summer 2019

LVL<sup>29</sup>

Apartment, Townhome, and Penthouse in Legacy West

Elite Range of Amenities and Concierge Services



## ENJOY OUR LATEST MAGAZINE

The best of North Texas' natural wilderness, June 2019 travel destinations and the question of clean water in North Texas: browse The Great Outdoors Issue.

Insightful and innovative, *Local Profile* is the cultural compass of Collin County. Reflecting

Sitemap

Home

Categories

Arts



the best of life in North Texas, *Local Profile* connects our growing community by engaging residents in honest, creative conversation. From cuisine to current events, *Local Profile* delivers compelling content to a diverse, active, influential and involved readership.

[About Us](#)

[Advertising](#)

[Subscribe](#)

[Privacy Policy](#)

[Contact Us](#)

## Contact us

Tel:  
972.769.7272

Email:  
[info@localprofile.com](mailto:info@localprofile.com)

[Business](#)

[Food](#)

[Health](#)

[Nonprofit](#)

[Fashion](#)



## Follow us

